

2015 Pirouette RG Club
Summer Camp for Competitive Gymnasts

Hello everyone,

We are looking forward to seeing you all at the Summer Camps to kick off our 2015-2016 season.

Summer Camp is compulsory for all competitive gymnasts.

The camps are an important part of the training plan and a key contributor to our success. Our primary objective with our summer camp is breadth of exposure. This will provide a base from which athletes can pursue their training from a broader perspective than they have known, planting seeds that they can cultivate into winning skills for rhythmic gymnastics and beyond.

	Week 1	Week 2
Camp dates	August 4 to 7, 2015 (4 days)	August 10 to 14, 2015 (5 days)
Training Fees	\$185	\$230
Expected Attendance	Provincial Gymnasts	Provincial Gymnasts
	Interclub RG Gymnasts	Shooting Stars
	Pre-Competitive	
	Little Stars	
	Other interested competitive gymnasts	Other interested competitive gymnasts (must have completed 1 st week)

5% sibling discount for second sibling attending the same camp

Camp time: 8:30 a.m. to 4:30 p.m. (before and after care starts at 8 a.m. and ends at 5 p.m.)

Camp location: Pierre-Elliott Trudeau School, 601 Longfields Drive, Barrhaven

Register by email and pay by email transfer:

Email the completed registration form and payment to: pirouetterg@rogers.com

Register by mail:

Send the completed registration form and cheque payable to Pirouette RG Club to:

Pirouette RG Club, Attn: Summer Camp, 2610 Watermusic Bay, and Ottawa, ON K2J 0T7

If you have any questions, please email us at pirouetterg@rogers.com