

# COMMUNICATION AND LEADERSHIP SKILLS FOR TEENS



## EDUCATIONAL WORKSHOPS IN BARRHAVEN

### 1. Basic Public Speaking Skills

8-week workshop that teaches stage presence, overcoming nervousness, and using vocal variety, gestures and powerful language.

### 2. Intermediate Communication and Leadership Skills

8-week workshop focused on developing listening skills, providing effective evaluations, and delivering speeches that inspire others.

### 3. Advanced Leadership Skills

10-week workshop designed to develop business skills including business planning, project management, facilitation, and interviewing skills.

## BARRHAVEN YOUNG SPEAKERS CLUB

The club provides a safe and supportive environment for students to practice the skills learned in the workshops.

Club meetings take place each weekend and are facilitated by adult Toastmasters.



[www.listenspeaklead.com](http://www.listenspeaklead.com)